



# Jill Flowers

Inspirational Speaker  
Hypnotherapist  
Master Imagery Coach,  
Breathwork Facilitator & Sound Healer  
Author

## SIGNATURE EXPERIENCES

Jill is a highly-rated Inspirational speaker with 6+ years of experience as a Black women's coach and group facilitator. Jill works with groups, individuals, and organizations to amplify their authenticity and empower them to become a better version of themselves.

### ✓ *Women Empowerment*

- Bury Superwoman Raise The Queen
- Your Sacred Yes & Holy No
- Black Women Wellness + Soul Care

### ✓ *WorkPlace Empowerment*

- Rest Meditate Produce!
- Breath Move Build Together
- Micro Aggression Macro Stress

### ✓ *Community Empowerment*

- Inner Child Healing
- Ancestral + Generational Healing
- Healing Superwoman
- Breathwork and Meditation



Transformation

Healing

Jill Flowers

**Jill Flowers, Soul Activist | Transformation Facilitator & Coach**

"Soul Activist" one who advocates for your healing, your awakening and the unfoldment of your purpose. The Soul Activist takes one from "Pain to Power to Purpose". This is what Jill does in her work with Black Women. She helps Black Women heal from the false narratives and beliefs that keep them from realizing their high potential. The ideas that you are not enough or The "I'm a strong black women" syndrome, I can do it on my own is a belief that needs to be healed. Jill believes that Black Women are the link to healing the Black Community. She believes that when Black Women have a full understanding of their Alchemy she then becomes the medicine for her family. She is capable of harmonizing her family and thus the community because she herself is harmonized. *"Consider, you are powerful beyond measure and you have limitless potential"*

Jill Flowers defines a modern day Renaissance Woman as Transformational Speaker, Wedding Officiant, Activist, Author and not the least of these Mother and Wife. Co-Founder of The Abolish the N Word Project, Inc. Jill and her husband received over 100,000 hits on their web site's powerful message the first month in existence. This was before the term "Viral" was apart of the English lexicon. The Brooklyn raised couple received media attention around NY and across the United States including CNN, NY Daily News, Miami Herald and The Washington Post. They were awarded numerous accolades including a Proclamation from the New York City Council, and a Trail Blazer award from The then Manhattan Borough President, Scott Stringer.

Jill's activism inspired her to continue to be of service and she went on to become an ordained Interfaith Minister. She has now evolved as a Spiritual Life Coach and Sacred Circle Keeper. Jill uses Metaphysics, Guided Meditation, Sound Healing, Hypnotherapy, Breath work and Emotional Freedom Technique in a spiritual mashup that provides deep transformation for the women attending her healing circle and private sessions. Her work with the subconscious mind which she believes is intrinsically linked to the soul has given her new meaning to the directive be ye transformed by the renewing of your mind. Jill is passionate about being of service and taking a stand for the transformation of consciousness. Her Vow into ministry says it all "I Jill Flowers, vow to use my speech, my listening and my light to awaken to empower and to heal".

Jill lives in Brooklyn, NY with her Husband and two children.

[www.JillFlowers.com](http://www.JillFlowers.com)

Media Inquiries please contact:

Connect with Jill!

718-812-1122



Jill Flowers

HEALING 100.000 BLACK WOMEN

AND 7 GENERATIONS INTO THE FUTURE!



**SPIRITUAL SUCCESS GUIDE + HYPNOSOUL COACH**

*Jill Flowers*

Jill Flowers supports Black Women Leaders, Creatives and Organizations in Disrupting chaos and aligning with the best version of themselves. Her focus is healing to wholeness whether it is individuals or groups it is always about transmuting potential to power.

Jill's medicine is a mashup of hypnotherapy, breath work, sound healing and energy alchemy to decolonize the lifestyle, corporate environment or a community. She helps to decode the thinking and deStory the belief systems so that clients can access the highest vision and version of themselves.

[JillFlowers.com](http://JillFlowers.com)



# COLLABORATION PACKAGES

## PACKAGE A: \$1500

- Professional Keynote Speaking  
(up to 60 minutes)

## PACKAGE B: \$2,500

- Half-Day Seminar
- Professional Keynote Speaking

## PACKAGE C: \$5,000

- Full-Day Seminar
- Professional Keynote Speaking

## CLIENT FEEDBACK

"Jill completely transformed the atmosphere. We had an amazing and powerful time."

*WorkShop Participant*

"Jill made the virtual room intimate and safe. I left different from how I came"

*Healing Circle Participant*



Please feel free to reach  
out for any questions.

# Get in Touch!

✉ [Jill@JillFlowers.com](mailto:Jill@JillFlowers.com)

🌐 [www.JillFlowers.com](http://www.JillFlowers.com)

☎ +718-812-1122